



**“No one gets why
my homework’s
sometimes late.**

**I wish they knew what
it’s really like to be a carer.”**

Unpaid carers can feel invisible to even the people closest to them. To make sure they are recognised and supported it’s vital we’re putting carers on the map...



Visit carersweek.org to find out more and to get involved



**“No one understands
when I need take time
out to care for dad.**

**But he wouldn't be able to cope
without me being there for him.”**

Unpaid carers often provide a life-line
for those they care for. To make sure they
are recognised and supported it's vital we're
putting carers on the map...



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**“No one knows just
how much a break
would help us both.**

**I can't give him my best when
I struggle to take care of myself.”**

Unpaid carers may not know who to turn to for support and information. To make sure they are recognised and supported it's vital we're putting carers on the map...



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**“I really love my daughter,
but no one gets just how
overwhelming it can feel.**

**I wish they knew what
it’s really like to be a carer.”**

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